

June, 2026



Finding Joy, Whatever the Weather.



Every journey inspires. Every smile matters.
Every season brings new opportunities to grow together.

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Welcome to June

A Message from Our Regional Operations Director

June has been another inspiring month across Focus Home Care, filled with meaningful experiences, personal achievements, and memorable moments shared by our service users and dedicated teams.

From community adventures and celebrations to creative activities and personal milestones, our residents have continued to grow in confidence, independence, and wellbeing.

Thank you to our service users, families, and dedicated colleagues for making June such a memorable month.



June Highlights

Celebrating Together

Autism Pride Day

Celebrating individuality, neurodiversity, inclusion, and the unique strengths every person brings to our communities.

Pride Month

Throughout June we proudly celebrated equality, diversity, inclusion, respect, and the freedom for everyone to be themselves.

Father's Day

Service users enjoyed creating handmade cards, choosing thoughtful gifts, sharing meals with loved ones, and celebrating the important father figures in their lives.

#FathersDaySpecial



Community Adventures

Exploring New Places, Creating New Memories

Service users embraced community life by exploring new places, enjoying meaningful outings, and taking part in activities that encouraged independence, confidence, and lasting connections.

Every adventure, whether big or small, became an opportunity to create joyful memories and celebrate everyday achievements.

In the Spotlight

Stephanie



Bookshop Visit



Planting



Coca-Cola Treat

Kyle



First Holiday at Butlins



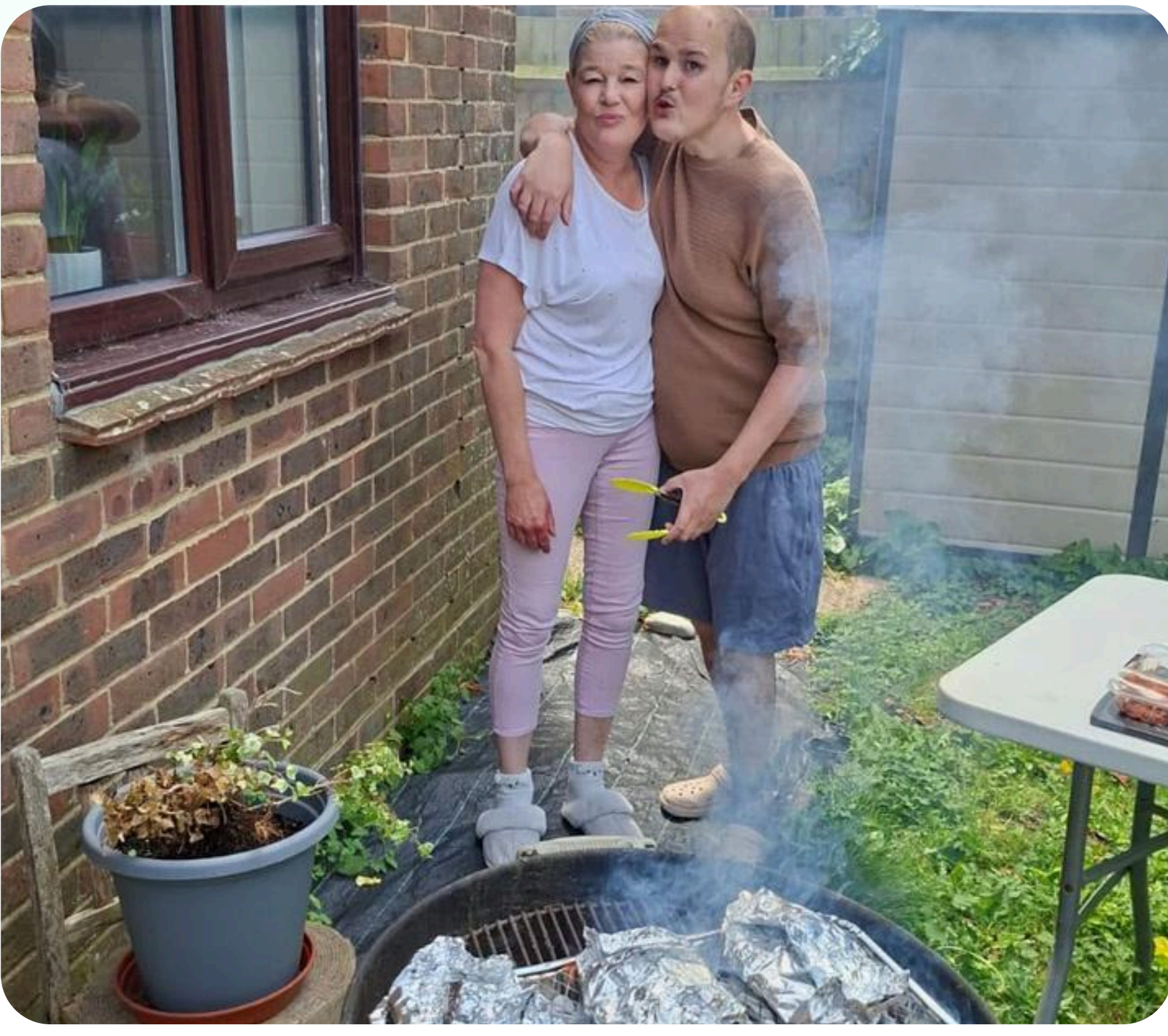
Live Entertainment



Haircuts

#EverydayAdventures

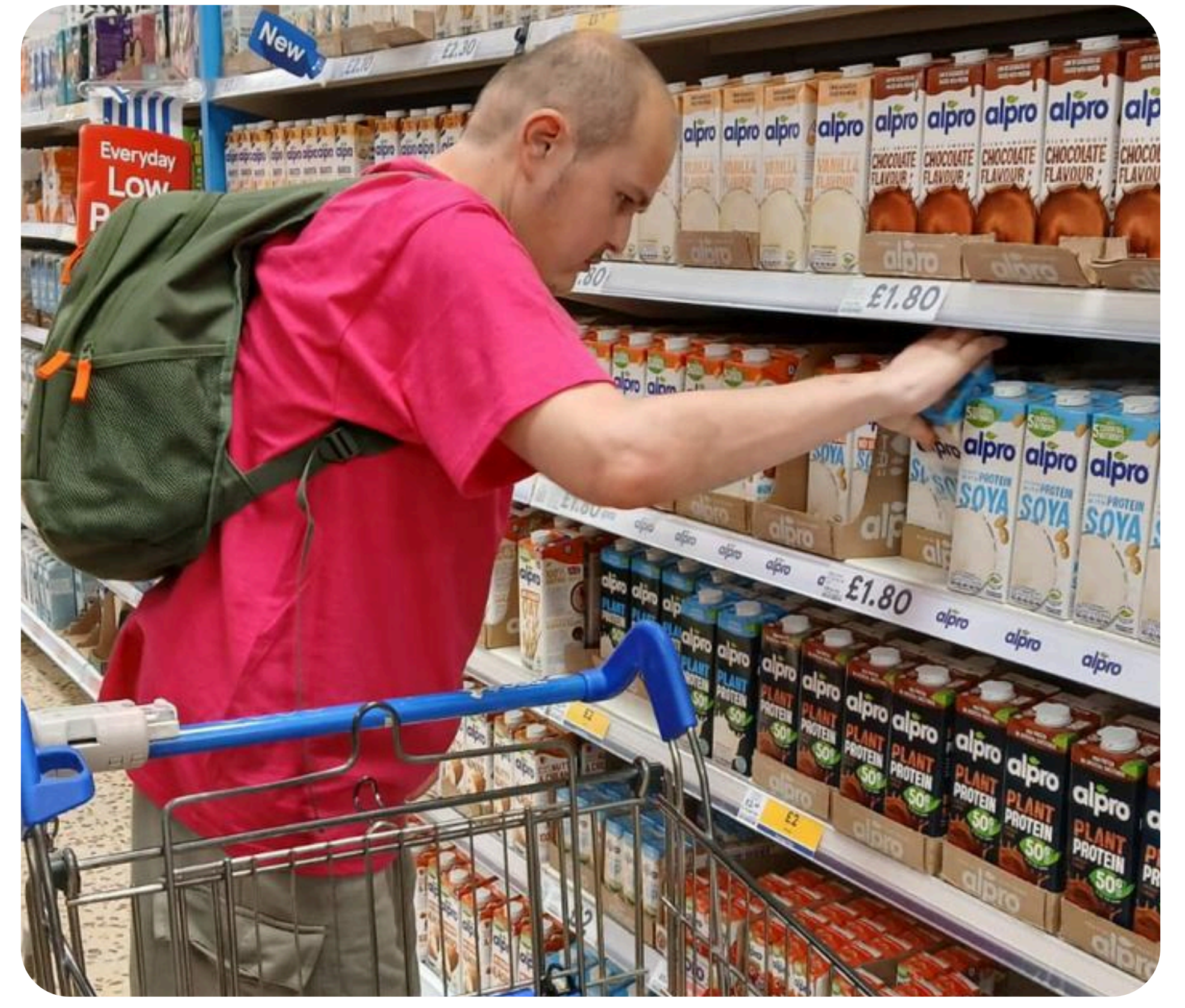
Theo



Family BBQ

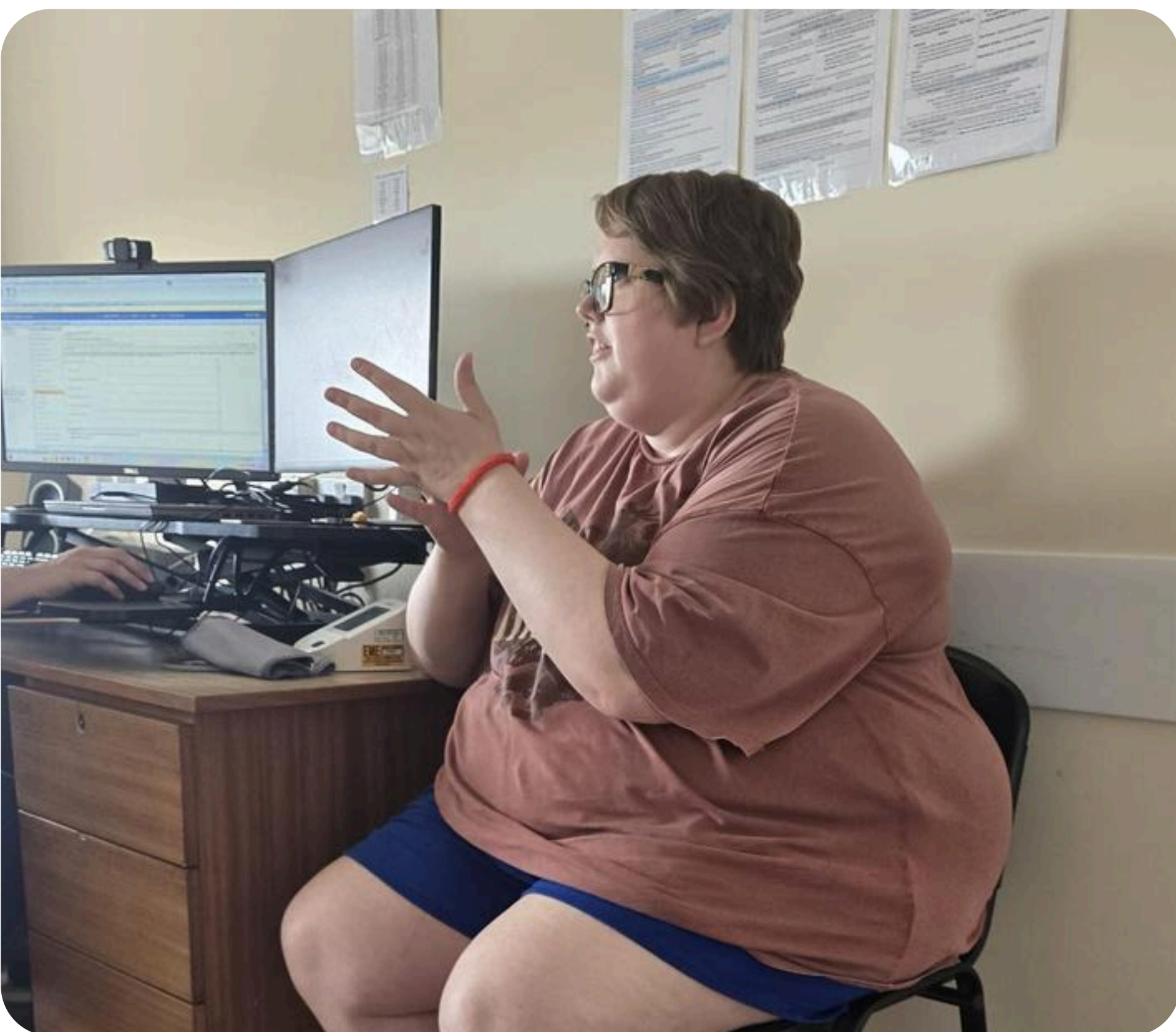


Swimming

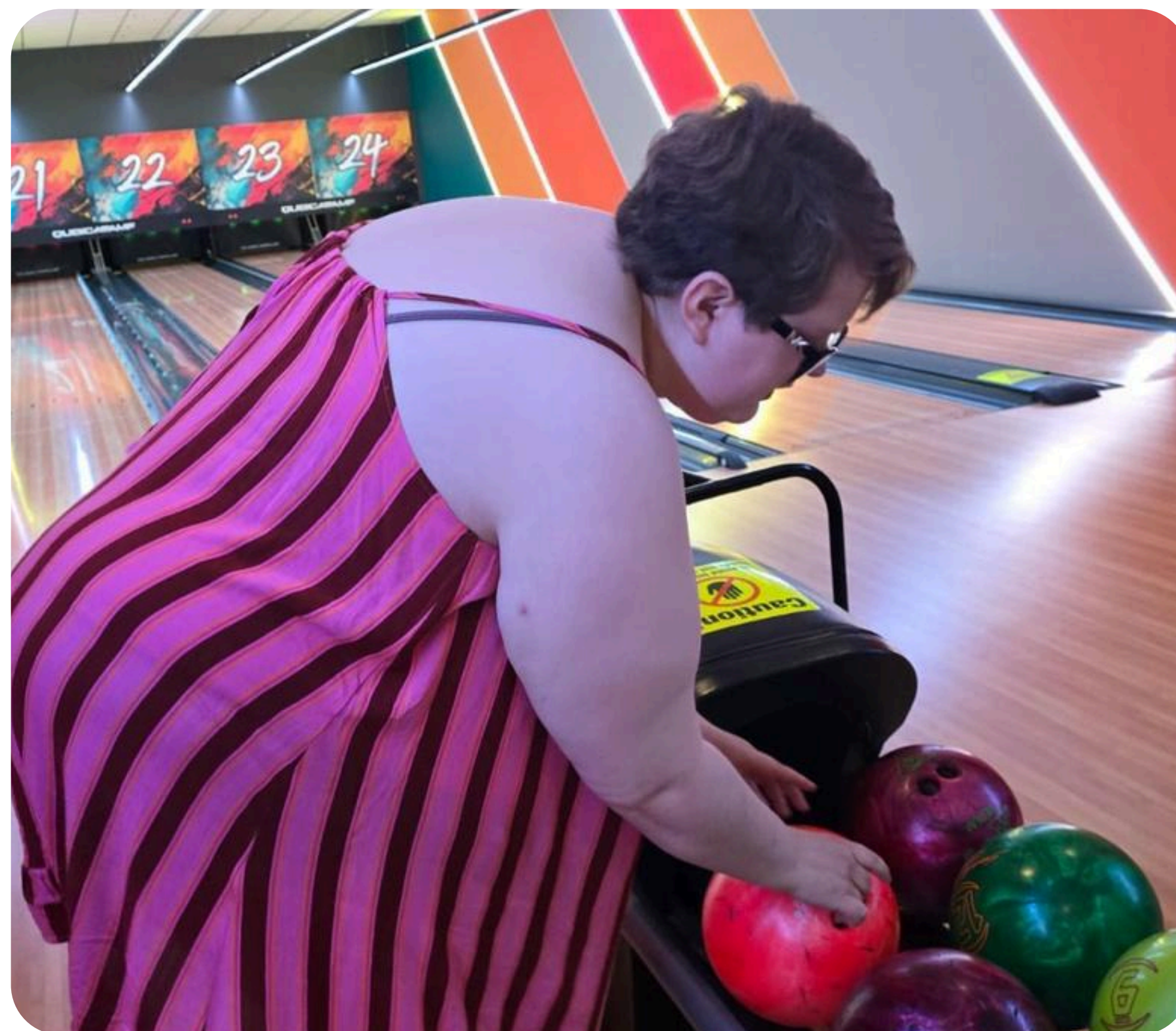


Shopping

Clare



Brighton



Bowling



Shopping

Every adventure, whether close to home or somewhere new, creates opportunities to build confidence, strengthen connections, and make lasting memories.

Together, these experiences continue to enrich the lives of our service users every day.



Growing with Confidence

Confidence Grows Every Day

This month, service users continued building valuable life skills and growing in confidence through everyday experiences.

From managing daily routines and volunteering to making independent choices and embracing healthier lifestyles, each achievement reflected meaningful progress towards greater independence and personal fulfilment.

Featured Residents

Claire



Walking Swimming Cycling Drama Cooking

"Hi Emma, I have had a great month. I have been busy, I am enjoying my time out with staff, I enjoy being more active now and I have lost over 1 stone. What do you think about how I am doing?"

– Claire

Rhys

"Hi Emma, Toy Story 5 was good, that's enough now, bye."

— Rhys



Independent Shopping Laundry Creativity

Lauren



pharmacy visit Shopping Cooking Community Life



Juliet



Volunteering Furnishing her home Hosting friends

"Hi Emma, I'm just off to work. I just want to say thank you for finding me my own house. I love it so much, I have been living there for over 6 months now."

— Juliet

Squidge

"Hi Emma, I had the best time at my party. I'm so happy I have been living in my own home for a year, and I still love it. Thank you Emma, love you."

— Squidge



Drama Class Cinema Dancing Travel Training

Family & Celebrations

The Moments That Matter Most

Celebrating birthdays, family moments, friendships, and the special occasions that brought joy to our service users throughout June.

Highlights Included:



Birthday Celebrations



Father's Day



Dance Certificates



Beach Trips

Residents Featured

Stephanie

Matthew

Ellie

Jasmine

Jonathan

Jack

Mollie

Health & Wellbeing

Healthy Minds, Active Lives

Throughout June, service users enjoyed a variety of activities that supported their physical, emotional, and mental wellbeing.

This Month's Wellbeing Highlights



Gym Sessions



Healthy Cooking



Dance Class



Weekly Swimming

Residents Featured

Jordan

Katy

Mollie

Jonathan

Charlotte

Lauren

Juliet

Recipe of the Month

Rotisserie Chicken Salad

A fresh, colourful, and protein-packed salad that's perfect for warm summer days. Quick to prepare and full of flavour, it's ideal for a light lunch or sharing with family and friends.

Ingredients

2 cups shredded rotisserie chicken
Mixed salad leaves
Cherry tomatoes
Cucumber
Red onion
Avocado
Sweetcorn
Feta cheese (optional)
Fresh parsley or chives

Method

Combine all the salad ingredients in a large bowl. Mix the dressing separately, drizzle over the salad, and toss gently until evenly coated. Garnish with feta and fresh herbs, then serve immediately.

Dressing: Olive oil, lemon juice, Dijon mustard, salt & pepper.



Contact & Feedback

Your Voice Matters

At Focus Home Care, we are committed to providing high-quality, person-centred support.

Your feedback helps us celebrate what we're doing well and identify opportunities to continue improving our services.

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Thank You !

To our residents, families, colleagues and local communities, thank you for being part of our journey.

Focus Home Care

